

Out & About

The USAG Schweinfurt Magazine for all of your life

www.schweinfurt.army.mil



October & November 2009

special Fall issue



Halloween Events pg. 2 • Get Out & Travel pg. 4 • Stay Fit this Fall pg. 7 • Community Theatre pg. 10

Out & About is a monthly magazine for Family and Morale, Welfare and Recreation activities at USAG Schweinfurt. Circulation: 1,200. The information in this issue is current at the time of publication; activities and events are subject to change. For information, call the individual facility. The appearance of advertising does not constitute endorsement by the Department of Defense.

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Out & About

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HALLOWEEN 2009

FMWR HAS SOMETHING SPOOKTACULAR PLANNED FOR EVERYONE OCTOBER 31...

GARRISON TRICK OR TREAT

Askren Manor, 6-8 p.m.

Questions? Call PMO at 09721-96-6624/DSN 354-6624.

HALLOWEEN BASH

Ledward Library, 5 p.m.

Costume contest for all ages, homemade caramel apples & prizes in the "Box of Mystery."

Unlimited CD/DVD checkout
for costumed customers all day long.

HALLOWEEN BOWLING

Kessler Bowling Center, 6-8 p.m.

Costumed customers get the first game free.

Rock out with disco lights &
candy galore.





Bldg. 242, Ledward Barracks
Monday-Thursday, 10 a.m.-8 p.m.

Closed Friday

Saturday, Sunday & Holidays, 10 a.m.-6 p.m.

09721-96-1740 or DSN 354-1740



Weekly Events

Wednesday, 9:30 a.m. – **Soldier In-Processing Class**

Wednesday, 10 a.m. - **Children's Story Time and Crafts**. Open to preschoolers and their parents.

Wednesday, 6 p.m. - **"Zeens for Teens"**

Group is open to any teen interested in creating a "Zeen," which is an online magazine. We seek designers, editors, photographers and writers.

Special Events

Mondays, 5:30 - 7:30 pm

Get the EDGE!

The "EDGE!" student program comes to the library for fun, games, and knowledge. Contact Patricia Lamson at 354-7057 for more details about the "EDGE!" program.

October 6

Grand Opening!

Grand opening of the library's NEW Coffee Lounge from 12-1 p.m. Stop by to read your favorite book or periodical while enjoying a refreshing cup of coffee. Also, check out our newly upgraded Teen Corner and Video Gamers' Room.

October 12

Columbus Day

We'll hold a trivia contest about the discovery of the "New World."

October 29

Book Club Meeting

Library Book Club meets at 5:15 p.m. in the library staff room. Coffee, tea and treats will be served. Book title is *Finding Noug* by Zoe Ferraris. For more information, speak with a library staff member or call Ms. Pam Rio at 09721-96-6487 or DSN 354-6487.

October 31

Halloween Bash

See ad.

GET WIRED.

FREE INTERNET ACCESS

November is Native American Heritage Month

Book displays featuring Native American authors, websites and special events like games and quizzes, crafts and more.

November 2-12

Register to Vote

November kicks off Voters Registration for the next elections. Be early and register to vote at the library. Stop by to be prepared.

November 11

Veterans Day

Check out the library display with information from the Department of Veterans Affairs and participate in a special Veterans Day trivia quiz.

November 13-26

Thanksgiving Preparation

Prepare your finest Thanksgiving Dinner ever! Check out the library's display featuring a variety of cookbooks, party, and table setting books. Get a copy of a websites bibliography for even more information.

November 28

Video Game Tournament

Come by at 3 p.m. and test your skills! Compete against other players on the guitar, drums or singing during a Rock Band competition.

HALLOWEEN BASH
OCTOBER 31
5 P.M.
HOMEMADE CARAMEL APPLES!

A costume contest for children and adults of all ages! The "Box of Mystery!" Unlimited CD and DVD checkout for costumed customers!

**Army Europe Libraries**
<http://www.library.eur.army.mil>



MWR Fall Trips



Conn Barracks, Bldg. 50
CIV: 09721-96-8080
DSN: 353-8080

Trips depart from, and return to, Outdoor Recreation. Sign up in advance. Bring Euros for personal expenses.

Ledward Barracks, Bldg. 203
CIV: 09721-96-6903
DSN: 354-6903

All trips depart from, and return to, the Crafts Studio. Trips are subject to sign-ups & availability of transportation. Transportation is free; bring Euros for personal expenses.



October 24

Day Trip to Rhoen

We will visit the Wasserkuppe with their Sommer Rollercoaster, the Outdoor Museum in Fladungen and the famous Kreuzberg Monastery. Don't miss out on this trip! Depart at 9 a.m. and return to Schweinfurt around 5:30 p.m. Cost: \$20 includes transportation and entrance to the Museum.

October 31

Day Trip to Pottenstein

We will visit the famous Devils Cave near Pottenstein. There is also a trout hatchery that sells great smoked trout. Later that day, we stop at the Pottenstein Sommer Rollercoaster for a fun ride. Depart ODR at 9 a.m. and return to Schweinfurt around 5:30 p.m. Cost: \$20 includes transportation and entrance to the cave.

November 5 and 19

Pool Trip to Geomaris, Gerolzhofen

Swim for 2.5 hours at an indoor/outdoor pool featuring a high dive, water slides and a kids' pool. Transportation cost is \$5; Call ODR for information about individual entry fees. Depart ODR at 5 p.m. and return at 8:30 p.m.

November 27-30

Ski Trip to Austria

You'll be stuffed after Thanksgiving dinner, so come out and work off those extra calories on the slopes in Austria! Cost \$299 per person includes transportation, three nights lodging with breakfast and dinner, and beginner lessons. We offer 50% off if you rent our equipment. Lift ticket is extra (three days approx. €115).

October 10 & 11

Sticheleien at Michelstadt in the Odenwald

Depart at 9 a.m. and return around 6 p.m. each day. Check out this annual textile market where over 60 vendors sell craft supplies and finished goods. This trip is not recommended for children.

November 1

Kunsthawerker & Brauchtumsmarkt and Herbstmarkt

Annual events in the town of Lauterbach with craftsmen, crafts sellers, food, games and a fall market. Depart the Crafts Studio at 8 a.m. with a stop at an indoor flea market on the way.

November 29

Hohenrother Advent Bazaar at Rieneck

This is an annual event on the first Advent Sunday. Over 50 craftsmen and crafts demonstrators are here, plus food, music and games. Depart the Crafts Studio at 8 a.m. with a stop at a flea market on the way.

December 6

Advent Market at Kloster Seligenstadt

Annual event in the centuries old Kloster with many craftsmen and craft vendors on site to sell the most elegant handwork. Depart the Crafts Studio at 9 a.m. with a stop at a flea market on the way.



U.S. ARMY®

ARMY FAMILY COVENANT:

KEEPING THE PROMISE AT USAG SCHWEINFURT

And the Winners Are...

These USAG Schweinfurt FMWR facilities were selected as 2009 Outstanding Recreation Programs.

- Auto Skills Center
- Finney Recreation Center
- Ledward Library



Kessler

Bowling Center

Hours of Operation
Friday-Saturday,
 11 a.m.-12 a.m.
Sunday &
Tuesday-Thursday,
 11 a.m.-11 p.m.
Closed Monday

Tuesday-Friday
 Lunch n' Bowl (11 a.m.-1 p.m.)
 \$6 for two games and lunch!

Tuesday
 Timed Bowling (5-11 p.m.)
 \$10 per hour, per lane. Bowl all you want!

Wednesday
 Red Pin Bowl (5-11 p.m.)
 Get a strike with the red/head pin and win a free game.

Thursday
 \$1.50 games (1-7 p.m.)
 Adult Mixed Leagues (6:30 p.m.)

Friday
 Cosmic Bowling (8 p.m.)

Saturday
 YABA League for Kids (10 a.m.)
 Cosmic Bowling (8 p.m.)

Sunday
 Family Day: \$1.50 games and free shoes





Specials:

October 10: Pin Tournament, 1 p.m.
October 31: Halloween Bowl, 6-8 p.m. Costumed customers gets first game free!
November 21: Turkey Bowl, 1 p.m. Turkeys for 1st-3rd place winners!

Kessler Field, Bldg. 449

09721-83391/DSN 354-6332



AUTO SKILLS CENTER
CONN BARRACKS, BLDG. 49
CIV 09721-96-8224/DSN 353-8224

ALL PARTICIPANTS RECEIVE
A FREE CAR WASH!

BECAUSE PREVENTION IS WORTH A POUND OF CURE!

WINTERIZATION COURSE

Get the automotive edge on winter! Let our trained professional mechanics show you how to prepare your vehicle for winter driving.

- **WINTERIZE YOUR CAR**
OCTOBER 8, 6 P.M.
- **RUST PREVENTION**
OCTOBER 22, 6 P.M.
- **WINTER DRIVING CLASS**
NOVEMBER 5, 6 P.M.
- **WINTER ROADSIDE EMERGENCIES**
NOVEMBER 19, 6 P.M.

Classes are free for all ID cardholders. Sign up today!

Ledward Crafts Studio

Ledward Barracks, Bldg. 203
09721-96-6903 or DSN 354-6903
Wednesday & Thursday, 1-9 p.m.
Friday & Saturday, 10 a.m. - 6 p.m.

Patchwork Quilting:

Tuesday, 6-8 p.m.
This is a handwork class.

Hand Spinning & Drop Spindle:

Tuesday, 6-8 p.m. and Friday, 4-6 p.m.

Bobbin Lace Making and Tatting

Wednesday, 3:30-5 p.m.

Knitting Knights

Wednesdays, 6-7:30 p.m.
Open to of knitters of all skill levels. Bring your projects and get help from the group.

Hand Weaving on the Loom

Thursday, 6-8 p.m.
Class is targeted to beginners, but all are welcome.

Crochet Cats

Friday, 11:30 a.m.-1 p.m.
An interest group for those who crochet or would like to learn. Bring your projects and get help from the group.

Mold Ceramics Orientation

Saturday, 11 a.m.-3 p.m.
Cost is \$20 per person (includes materials). Ask about family rates.

Pottery with the Potters' Wheel

Saturday, 1-3 p.m.

Ledward Crafts Studio Classes

All materials are available at the Studio. Class cost is \$35 plus materials for six sessions, unless otherwise noted. Alternate class days and times can be arranged upon request.

FRG Meetings

FRGs are welcome every Tuesday from 6-8:30 p.m. for meetings with craft programs. Stop by to see which crafts are available and to book a date.

Birthday Parties with a Craft

Plan your next birthday party at the Crafts Studio. A variety of crafts are offered: painting ceramics, friendship bracelets, candle making, tie-dye t-shirts, melty beads and looper weaving. Stop by to see samples and book your party!

Wood & Frame Shop

Bldg. 242, Ledward Barracks

09721-96-6304 or DSN 354-6304

Hours: Tuesday-Friday, 2-8:45 p.m.;
Saturday & Sunday, 10 a.m.-4:45 p.m.;
Closed Monday; 1st & 3rd Tuesday;
2nd & 4th Sunday

Wood 'n' Frame Shop Classes

All materials are available at the shop. Sign up in advance.

Veneer Chess Board Making

Wednesday, 6-8 p.m. Cost is \$50 for three sessions and includes all materials and instruction.

Wood Shop Orientation

Saturday, 10-11:30 a.m. Class is free and required to use the wood shop.

Matting and Framing with Achim

Second and fourth Saturday of the month, 12-3 p.m. Cost is \$10, plus materials. Reserve your seat early as space is limited.

OCT/NOV

FITNESS CLASSES

- ▶ **Spinning (Finney; Oct. only)**
Mondays & Wednesdays
11:30 a.m. - 12:30 p.m.
- ▶ **Bootcamp Spinning (Kessler)**
Tuesdays & Thursdays
12 - 12:30 p.m.
- ▶ **Aerobics (Kessler)**
Tuesdays & Thursdays
6:30 - 7:30 p.m.
- ▶ **Circuit Training on Request (Kessler)**

FINNEY FITNESS CENTER
CONN BARRACKS, BLDG. 64
CIV 09721-96-8234/DSN353-8234

KESSLER FITNESS CENTER
KESSLER FIELD, BLDG. 451
CIV 09721-96-6735/DSN 354-6735



All classes are
FREE!

BREAST CANCER AWARENESS

October 17
Kessler Fitness Center

FREE!
Run starts at 9 a.m.

Pre-register October 1-17 at Kessler and Finney Fitness Centers.
Register on site 7:30 - 8:15 a.m.

FINNEY FITNESS CENTER
CONN BARRACKS, BLDG. 64
CIV 09721-96-8234/DSN353-8234

KESSLER FITNESS CENTER
KESSLER FIELD, BLDG. 451
CIV 09721-96-6735/DSN 354-6735

FALL

SPORTS

Columbus Day Racquetball Tournament

Kessler Fitness Center
October 10
9 a.m. - 2:30 p.m.

Register October 1-8. Open to all male and female ID cardholders 18 years and older not in high school. Male Division & Female Division, top three in each division receive an award. All participants receive a t-shirt.

Unit Level Flag Football Championship

**Gold Field,
Conn Barracks**
October 14-23
6 - 8:30 p.m.

Open only to Unit Level teams. Awards presented to the top two teams.

Dodge Ball Pumpkin Smash Tournament

Finney Fitness Center
October 30
6 - 8:30 p.m.

Register October 15-25. Open to all male and female ID cardholders 18 years and older not in high school. 5-8 players per team. Round Robin play for seating in a double elimination tournament.

Turkey Trot Fun Run

Kessler Fitness Center
November 21
9:00 a.m.

Adult 5 & 10K, CYS Services 2, 3 & 5K. Register at Kessler or Finney Fitness Centers starting November 1 or register on site starting at 7:30 a.m. Open to ID cardholders ages six and older. Adult run begins at 9 a.m. and youth begin at 9:15 a.m.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**Farewell to the 1-91 CAV.
Be Safe & Come Home Soon!**



**ZEENS
FOR
TEENS**
pg. 3



1

*** COSMIC BOWLING ***

*** COSMIC BOWLING ***

German Holiday-
Day of German Unity

2

3



4

the edge

pg. 15

5



6



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WINTERIZATION CLASS
pg. 6

**THEATRE
PERFORMANCE**

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8

*** COSMIC BOWLING ***

USAREUR Training
Holiday

CYSS Facilities
Closed pg. 16

9

*** COSMIC BOWLING ***

Crafts Studio Trip pg. 4

10



11

Columbus Day
Federal Holiday



**NO SCHOOL
SES, SMS, BHS**

12



13

Children's Storytime & Crafts
pg. 3



14

**THEATRE
PERFORMANCE**

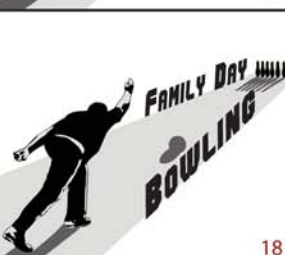
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15

*** COSMIC BOWLING ***

*** COSMIC BOWLING ***

Breast Cancer
Awareness 5K
pg. 7

17



18



19



Flag-Football
Championships

pg. 7

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WINTERIZATION CLASS
pg. 6

**Meet n'
Greet**
pg. 11

22

*** COSMIC BOWLING ***

Parents' Night Out
pg. 14



23

*** COSMIC BOWLING ***

Outdoor Rec Trip pg. 4

24

DAYLIGHT SAVINGS TIME
ENDS IN GERMANY!



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27



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*Couples'
Communication:
Long Distance*
pg. 12

**Edward Library
Book Club**
pg. 3

29



pg. 7

30

Outdoor Rec Trip pg. 4
**HAPPY
HALLOWEEN!**
pg. 2

31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Crafts Studio Trip pg. 4</p> <p>German Holiday- All Saints Day</p> <p>1</p>	<p>Register to Vote pg. 3</p>  <p>2</p>	<p>3</p>	<p>4</p>	<p>Outdoor Rec Trip pg. 4</p> <p>WINTERIZATION CLASS pg. 6</p> <p>5</p>	<p>COSMIC BOWLING</p>  <p>USAREUR Training Holiday</p> <p>6</p>	<p>COSMIC BOWLING</p> <p>7</p>
 <p>8</p>	<p>9</p>	<p>THEATRE AUDITIONS pg. 10</p> <p>10</p>	<p>Veterans Day- Federal Holiday</p>  <p>11</p>	<p>THEATRE AUDITIONS pg. 10</p> <p>12</p>	<p>COSMIC BOWLING</p> <p>13</p>	<p>TEXAS HOLD'EM pg. 11</p>  <p>14</p>
 <p>15</p>	<p>Playground of German Language pg. 14</p> <p>ja</p> <p>nein</p>  <p>Horseback Riding pg. 14</p> <p>SKIES Unlimited</p> <p>16</p>	<p>BOSS Movie Night Finney Rec , 6 p.m.</p>  <p>17</p>	<p>18</p>	<p>Meet n' Greet pg. 11</p> <p>Outdoor Rec Trip pg. 4</p> <p>WINTERIZATION CLASS pg. 6</p> <p>19</p>	<p>COSMIC BOWLING</p> <p>20</p>	<p>THEATRE PERFORMANCE TURKEY BOWL pg. 5</p> <p>pg. 10</p> <p>21</p>
 <p>22</p>	<p>23</p>	<p>24</p>	<p>Pre-Thanksgiving Party pg. 11</p>  <p>25</p>	<p>Happy Thanksgiving!</p>  <p>26</p>	<p>COSMIC BOWLING</p>  <p>USAREUR Training Holiday</p> <p>27</p>	<p>THEATRE PERFORMANCE pg. 10</p> <p>28</p>
<p>Crafts Studio Trip pg. 4</p>  <p>29</p>	<p>30</p>	 <p>Welcome Home 172nd Infantry Brigade. We are Happy You are Back!</p> 				

COMMUNITY THEATRE

2009 - 2010 SEASON

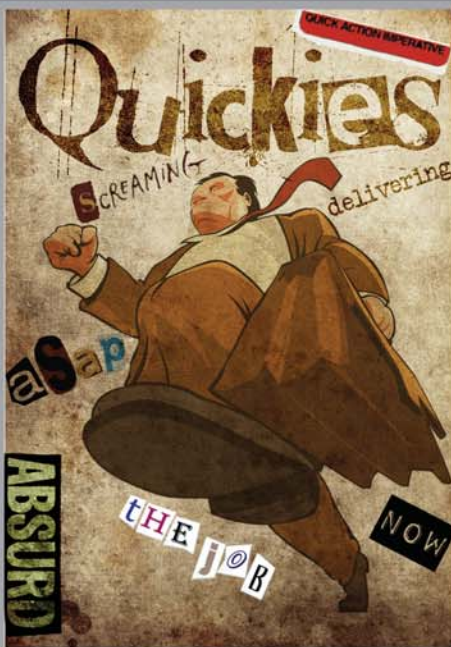
Garland Travis Entertainment Director

Stephen Connolly

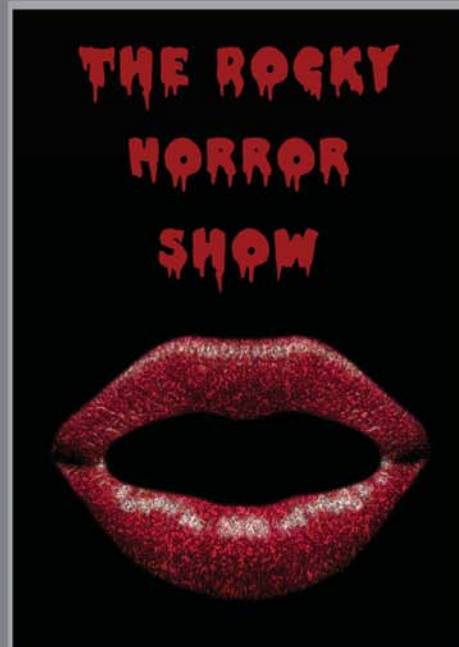
Music/Theatre Assistant


OCTOBER 8 & 15, 7 P.M.

Tickets: \$10 Adults • \$8 for Youth age 10-18


**NOVEMBER 21 & 28, 7 P.M.
DECEMBER 4 & 5, 7 P.M.**

Tickets: \$12 Adults • \$10 for Youth age 10-18


**AUDITIONS
NOVEMBER 10, 11 & 12**

Time: 1 & 6 p.m. • Roles: Males & Females

 For tickets or audition information, call 0162-296-2776 or email garland.travis@eur.army.mil.

COMMUNITY THEATRE

USAG SCHWEINFURT

ABRAMS

ENTERTAINMENT CENTER



MWR offers wireless Internet at the following locations:

Finney Recreation Center
Bldg. 64, Conn Barracks

Ledward Library
Bldg. 242, Ledward Barracks

***Café Rohr/Rohr's Diner**
The Commons, Ledward Barracks

***Kessler Bowling Center**
Bldg. 449, Yorktown Village

**Fees apply*



BOSS MEET N' GREET



FINNEY REC CENTER

SEPTEMBER 24 • OCTOBER 22 • NOVEMBER 19 • DECEMBER 3
1-5 p.m.

BOSS This event welcomes Single Soldiers who are new to Schweinfurt and/or just returning from deployment to come and meet their unit representatives and see what BOSS has to offer. Also, units are encouraged to participate in the unique training opportunity in conjunction with this event provided by ASAP, Social Work Service, and the Suicide/Sexual Assault Prevention Program who offer classes in a fun, non-traditional classroom environment. Activities include Karaoke, Call of Duty tournament, Wii Dance Revolution, Drunk Goggles, Pool and much more.



BOSS/Finney Recreation Center
Conn Barracks, Bldg. 64
09721-96-8476 / DSN 353-8476



BOSS

FREE FOOD!

Single Soldier Pre Thanksgiving Dinner and Party

Get stuffed and mingle!

Finney Recreation Center • November 25, 6 p.m.
Register by November 21.

Conn Barracks, Bldg. 64
09721-96-8476/DSN 353-8476

BOSS

TEXAS HOLD'EM TOURNAMENT

Finney Rec Center | November 14 7 p.m.

\$25 Dinner Fee (buy in) for Tournament. Pre-registration encouraged or Register on site.

Finney Recreation Center • Bldg. 64, Conn Barracks • CIV 09721-96-8476 or DSN 353-8476



October 2009

Find November on www.schweinfurt.army.mil/sites/acs

Playmorning:
Tuesday & Thursday, 10-11:30
a.m., School Age Services, Bldg.
575, Askren Manor.

Deployment Support Group:
Wednesday, 10 a.m.-12 p.m.
Group meets at ACS

Monday

5
SNAPS, 9 a.m.-2:15 p.m.
Beg. German, 11:30 a.m.-1 p.m.

12
Columbus Day (Federal Holiday)

19
Beg. German, 11:30 a.m.-1 p.m.

26
ADD & ADHD Support Group,
10-11:30 a.m.
Beg. German, 11:30 a.m.-1 p.m.
AFTB Level I, 7-8 p.m.

Tuesday

6
Love & Logic Parenting, 9-11 a.m.
SNAPS, 9 a.m.-2:15 p.m.
How to Find a Local Job, 2-3 p.m.
Anger Management, 3-5 p.m.
Checkbook Mgmt., 3:30-4:30 p.m.

13
Spons. Training, 9-11 a.m.
Love & Logic Parenting, 9-11 a.m.
Volunteer Org. POC, 9-11 a.m.
FRG Crash Course, 11:30 a.m.-1:30 p.m.
Anger Management, 3-5 p.m.
EFMP Recreation, 3:30-5:30 p.m.

20
Love & Logic Parenting, 9-11 a.m.
POC Training, 11:30 a.m.-1 p.m.
Saving & Investing 101, 1:30-4:30
p.m.

27
Career Workshop, 9:30-11 a.m.
AFTB Level I, 7-8 p.m.

Wednesday

7
1-2-3 Magic, 9-11 a.m.
SNAPS, 9 a.m.-2:15 p.m.
Daddy Basic Trng., 9:30 a.m.-12:30 p.m.
Beg. German, 11:30 a.m.-1 p.m.

14
Smooth Move, 9-11 a.m.
Beg. German, 11:30 a.m.-1 p.m.
Surviving Adolescents, 1-3 p.m.

21
OB Orientation, 9 a.m.-12 p.m.
Beg. German, 11:30 a.m.-1 p.m.

28
Beg. German, 11:30 a.m.-1 p.m.
Couples' Communication,
4:30-6 p.m.
AFTB Level I, 7-8 p.m.

Thursday

1
Beg. German, 11:30 a.m.-1 p.m.

8
SNAPS, 9 a.m.-2:15 p.m.
FRG 101, 11:30 a.m.-1 p.m.
Civilian Résumé 101, 1:30-3:30 p.m.

15
Volunteer Orientation, 10-11 a.m.
Bldg. Vol. Portfolio, 11 a.m.-12 p.m.
Federal Résumé 101, 1:30-3:30 p.m.

22
Treasurer Training,
11:30 a.m.-1:30 p.m.
Breastfeeding Support, 12-1 p.m.
First Impression: Employment
Readiness, 2-3 p.m.

29
Stress Management, 11 a.m.-12 p.m.
Lunch Bunch, 11 a.m.-2 p.m.
FRG Roundtable, 6-8 p.m.

Friday

2
9
SNAPS, 8:30 a.m.-5 p.m.
Emergency Care, 9-11 a.m.
Beg. German, 11:30 a.m.-1 p.m.

16
VMIS Training, 10-11:30 a.m.
Beg. German, 11:30 a.m.-1 p.m.

23
Emergency Care, 9-11 a.m.
Asperger's and Autism Support
Group, 10-11:30 a.m.
Beg. German, 11:30 a.m.-1 p.m.

30
Beg. German, 11:30 a.m.-1 p.m.

ACS class/event descriptions are organized alphabetically. Classes meet at ACS, Bldg. 242, Ledward Barracks, unless otherwise specified. To register, call 09721-96-6933 or DSN 354-6933.

1-2-3 Magic: Managing Difficult Behaviors

Parenting class that deals with handling misbehavior, exercising self-control and being an effective disciplinarian. *Free child care available if pre-registered with ACS and CYS Services.*

ADD & ADHD Support Group

Meet others living with ADD & ADHD, learn about resources and expand your network of support.

AFTB Level I

AFTB trains the total Army Family to be self sufficient leaders within their communities. Class focuses on basic skills needed to live military life.

Anger Management

Understand the patterns of your anger and learn to express it in unaggressive ways.

Asperger's and Autism Support Group

Meet others living with Autism, learn about resources and expand your network of support.

Beginning German (Yellow Ribbon Room)

Learn basic German communication skills in a free language course.

Breastfeeding Support Group

Share your concerns and experiences with new and experienced mothers.

Building Your Volunteer Portfolio

(Yellow Ribbon Room)

Bring your pictures, memos, awards, etc. from volunteering and build your volunteer portfolio.

Career & Interest Assessment Workshop

Discover a path to success for this year and the future! Assessment tools will encourage self-direction and action. Great class for job seekers and volunteers.

Civilian Résumé 101 (Bldg. 206, Room 316)

Topics include civilian résumés and cover/thank you letters. Class is appropriate for job seekers or those updating résumés.

Couples' Communication: Long Distance

Discover tools for strengthening your relationship even when you are separated by distance from your partner. *Free child care available if pre-registered with ACS and CYS Services.*

Deployment Support Group

Open to Soldiers and Family members to share thoughts, exchange coping strategies and get feedback. Open group; no appointment necessary.

EFMP Recreation Activity (Kessler Bowling Center)

Monthly bowling activity for Families enrolled in the Exceptional Family Member Program (EFMP). Meet others and enjoy two free games of bowling.



Emergency Placement Care Orientation

Learn about the requirements for becoming a foster parent. We are seeking Family oriented people to become part of our professional team. *Free child care available if pre-registered with ACS and CYS Services.*

Federal Résumé 101 (Bldg. 206, Room 316)

Learn about Civilian Personnel On-Line (CPOL); Resume Builder (Resumix); the "ANSWER" System and more. Open to U.S. ID cardholders only.

First Impression (Interview and Dress for Success)

Learn how to make a positive first impression on job interviews. Topics include types of interviews, how to dress, etc.

FRG 101: Intro to the FRG

Are you new to the military? Come learn how your Family Readiness Group can help you be successful in your new community.

FRG Crash Course for Leaders (Yellow Ribbon Room)

Are you a new FRG leader or are you interested in becoming one? Learn how to manage an effective FRG.

FRG Roundtable (Yellow Ribbon Room)

Open to anyone who is active in his/her FRG. Learn what's going on with other FRGs in your community.

How to Find a Local Job

Explore employment opportunities in the community and how to apply for different agencies.

Love and Logic Parenting (School-Age Services/SAS)

Discover your parenting style and learn tips on how to raise loving, respectful and responsible children.

"Lunch Bunch" (Depart from ACS)

Budget/Family oriented lunch outing on the economy with help of an ACS local national staff member.

OB Orientation

Topics include pregnancy, nutrition, resources in the community and more. Mothers and fathers are encouraged to attend.

Playmorning (School Age Services/SAS)

A playgroup for children ages birth to three years. Meet other parents, build your child's social skills and participate in developmental activities.

POC Training (Yellow Ribbon Room)

Learn how to become a more effective Point of Contact (POC) for your FRG. Topics include: phone trees, crisis calls and responsibilities of a unit POC.

Saving & Investing 101

Information on basic investing, including mutual funds, the Thrift Savings Plan (TSP), stocks, bonds, etc.

Smooth Move Seminar

PCSing soon? Attend this seminar to get tips on packing, shipping, moving with pets and more.

SNAPS Orientation

"Schweinfurt Newcomers Awareness Program for Spouses" is a must for all newcomers. Learn about the city, health care and more. *Free child care available if pre-registered with ACS and CYS Services.*

Sponsorship Training

Come learn the ropes on helping Soldiers and Families who are new to the community.

Stress Management

Test your stress level and identify various causes for stress. We'll help you learn ways to deal with your stress!

Surviving Adolescents (Yellow Ribbon Room)

A step-by-step approach for parents that will show you how to end hassles and avoid power struggles to improve relationships with your teens.

Treasurer Training (Yellow Ribbon Room)

Learn the responsibilities of a treasurer including how to run a ledger, run a monthly report of funds and more.

Volunteer Management Information System Training (Yellow Ribbon Room)

Become an active user of VMIS, which is an online tracking system for managing your volunteer activity.

Volunteer Program Orientation

(Yellow Ribbon Room)

All volunteers are invited to learn about VMIS, the importance of volunteering and more.

**If we don't have
the item you want here,
we'll get it from another**

AAFES-BX/PX



Shuttle Service

AAFES aafes.com
We save you money...everyday!



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

Bldg. 444, Abrams Entertainment

Center near Ledward Barracks

09721-96-6460 or DSN 354-6460

Register for SKIESUnlimited programs at Central Registration.

Ballet

Ages three to five: Wednesday, 4-4:45 p.m.

Ages six to nine: Wednesday, 3-4 p.m.

\$35 month for one class/week

Elementary School Cafeteria

Choir

Ages six to 12: Monday, 4:30-6 p.m.

Ages 13-18: Wednesday, 4:30-6 p.m.

\$35 month for one class/week

Abrams Center

German Language for Daily Use

Ages ten to 13: Wednesday, 5-6 p.m.

Ages 14-18: Thursday, 5-6 p.m.

\$35 month for one class/week

Abrams Center

Gymnastics

Ages four to six: Monday or Wednesday, 4:30-5:30 p.m.

Ages seven to nine: Monday or Wednesday,

3:30-4:30 p.m.

\$35 month for one class/week

Abrams Center

Horseback Riding

Ages seven to 13

Monday, 5-7 p.m.

\$75 month for one class/week (6 month class)

Seufert Ranch

Karate

Ages six to 18

Monday & Wednesday, 5:30-6:30 p.m.

\$45 month for two classes/week

Finney Fitness Center

Musical Instruments Instruction (Brass, Woodwind & Percussion)

Ages 12-18

Wednesday-Thursday, 45 minute session by appointment between 4:30-7 p.m.

\$40 month for one class/week

Abrams Center

Music Awareness

(Singing, Dancing and Playing)

Ages three to six: Thursday, 3-3:45 p.m.

Ages seven to nine: Thursday, 4-4:45 p.m.

\$35 month for one class/week

Abrams Center

Piano

Ages five to 18

Monday - Thursday, 4-5 p.m.

\$40 month for one class/week

\$65 month for two classes/week

Playground of the German Language

Ages six to nine

Monday, 5-6 p.m.

\$35 month for one class/week

Abrams Center

Recorder

Ages eight to 13

Wednesday, 3-4:15 p.m.

\$35 month for one class/week

Elementary School

Scuba Diving

By Appointment Only

Bubble Maker (ages eight to 12): \$200

Seal Team (ages eight to 12): \$330

Skin Diver (ages five to 18): \$100

Singing Lessons

Ages 13-18

By Appointment Only, Monday-Friday

\$50 month for one class/week

Abrams Center

Parents, need a break?

Child care for ages six weeks through fifth grade.

PARENTS' NIGHT OUT

OCTOBER 23 6:30 - 11:30 P.M.

COST \$16

Sign up by October 16.

Questions? Call Central Registration.

CIV: 09721-96-6517 or DSN: 354-6517

MWR

SUPER SATURDAY

NOVEMBER 21

9:30 A.M. - 2:30 P.M.

Child Care for ages six weeks through fifth grade.

Cost: \$16 per child

Sign up by November 13.

Questions? Call Central Registration

09721-96-6417 / DSN 354-6417

Children must be registered through CYS Services with current immunizations at time of reservation.

BROUGHT TO YOU BY: ARMY FAMILY COVENANT

MWR



GENERATION NEXT

SCHWEINFURT MIDDLE SCHOOL TEEN CENTER



TEEN CENTER

SOMETHING FRESH EVERY MONTH. CALL FOR TIMES.

Ledward Barracks, Bldg. 241
09721-96-6732 / DSN 354-6732
Mon-Fri, 3-8 p.m.; Sat, 1-10 p.m.

Sports Fitness & Health Programs

Fitness: An opportunity to stay active and enhance team building skills in team sports

Sports Club: A chance to become competitive, play sports and develop sportsmanship

Healthy Habits: Better understand nutrition, healthy lifestyles and strengthen character

Music, Technology & Fine Arts Programs

Music Production (Beat Making): A powerful combination of instructional and music studio experience

Poetry: Write different types of poetry and grow as a creative writer

Club Tech: Providing a wide range of software and skills training

Photo Club: Learn and grow as photographers through fun filled projects

International Cooking: Learn the art of cooking, dining and culture

Arts & Crafts: Learn new activities and fun projects through artistic expression

Citizenship, Leadership & Life Skills Programs

4-H: Learning leadership, citizenship and life skills through head, heart, hands, and health

Character Counts: Learning to understand six ethical values in building character

Keystone: Service and leadership program to help adolescents make better decisions

Teen Supreme: To prepare teens for today's job market (in partnership with HIRED)

Passport To Manhood: Promotes and teaches responsibility in the maturation and personal growth of young males

Smart Girls: Inspires young women to make smart choices and become confident promoting a sense of empowerment

Torch Club: Help meet the special character developments of younger adolescents

Career Launch: Helping teens make sound educational decisions to prepare for the workforce (in partnership with HIRED)



hired!



...offering
15-18 year-
old youth
career-
exploration
opportunities

Four 12-week terms

available throughout the year.

Next term begins December 4.

For more information, contact the HIRED!
Program Coordinator: Anthony Hickmon at
09721-96-6970 or DSN 354-6970. Office hours
are from 9 a.m. - 5 p.m. at the Teen Center,
Ledward Barracks, Bldg. 241.



the edge

Get the Edge!

CUTTING-EDGE ART, FITNESS, LIFE SKILL AND ADVENTURE ACTIVITIES

Gaming

October 5, 19 & 26; 5-8 p.m.

Grades 6-12

Video games! Challenge yourself and your friends, play tournament style or alone.

Bowling Adventure and Tournament

October 6, 13, 20 & 27; 5-8 p.m.

Grades 6-12

There is a potential bowler in everyone! Let the staff at the Kessler Bowling Center help fine tune your ability.

Theater 101

October 7, 14, 21 & 28; 3-6 p.m.

Grades 6-8

Discover theater basics and how to develop characters.

Get Fit

October 8, 15, 22 & 29; 3-6 p.m.

Grades 6-8

Learn about ways to strengthen and develop your body.

Pimp this Ride

October 9, 16, 23 & 30; 5-8 p.m.

Grades 9-12

Learn everything you always wanted to know about auto maintenance and repair.



Activities are FREE!
To sign-up, call Central Registration at
09721-96-6514/DSN 354-6514.





October is **DOMESTIC ABUSE PREVENTION MONTH** in the ARMY



Make the **RIGHT CHOICE**: ACT To Prevent **DOMESTIC ABUSE**



**L _ D _ R _ S _ H _ I _ P
D U T Y**

END abuse: REPORT domestic violence

USAG Schweinfurt Community Kickoff Event

October 6, 11 a.m. | Bldg. 224, The Commons
Proclamation Signing, T-shirt Project, Cake & More!
For information, call ACS at 09721-96-6933/DSN 354-6933



For a schedule of events, call MWR Marketing
at 09721-96-6527/DSN 354-6527.



CYSS CUSTOMERS:

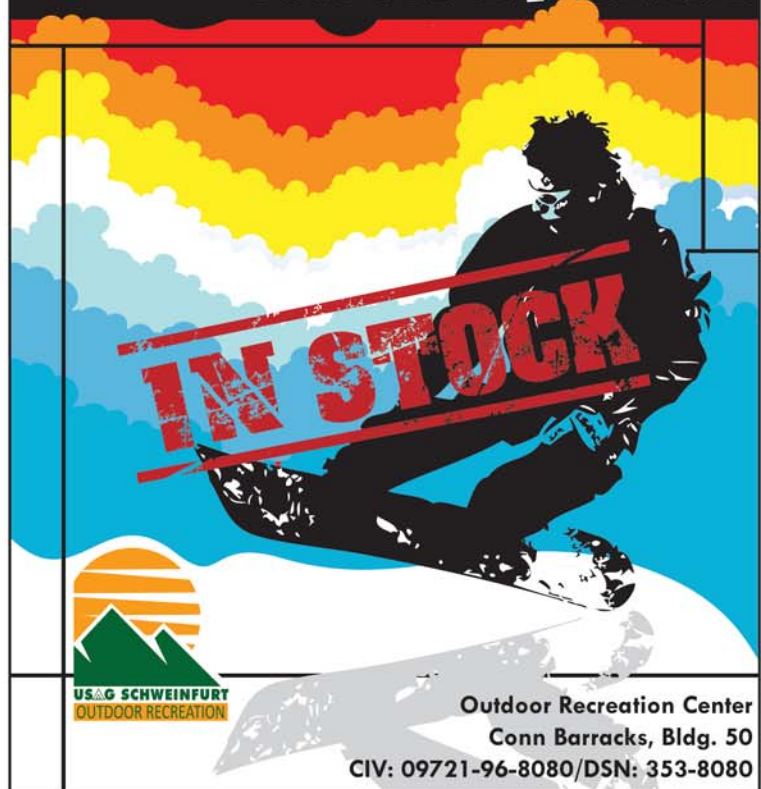
All CYSS Services Programs, to include SKIES, Family Child Care and Central Registration, will be closed on October 9 to allow all staff, contractors and providers to participate in required training.

For more information,
contact Central
Registration at
09721-96-6517
DSN 354-6517.



ATTENTION

FALL/WINTER OUTDOOR EQUIPMENT



Outdoor Recreation Center
Conn Barracks, Bldg. 50
CIV: 09721-96-8080/DSN: 353-8080